

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam
Morning Tea	Fresh fruit platter <i>Milk / water to drink</i>	English muffins with condiments <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Cereal with milk <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>
Lunch	Lentil Dhal with rice <i>(Favourite!)</i>	One-Pot Chicken Pie soup	Cheeseburger macaroni	Fish fingers with potato mash and veggies	House-made Lasagne
Dessert	Jelly	Greek Yoghurt	Chocolate Custard	Greek Yoghurt	Greek Yoghurt
Afternoon Tea	Variety sandwiches <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Wholemeal toast and baked beans <i>Milk / water to drink</i>	Seasonal fruits with mini sugar donuts <i>Milk / water to drink</i>	Cruskits with hummus <i>Milk / water to drink</i>
Late snack	<i>Variety of crackers or/and biscuits</i>				

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam
Morning Tea	Cereal with milk <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Toast with condiments <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Cereal with milk <i>Milk / water to drink</i>
Lunch	Chicken Stroganoff with mashed potatoes	Cheesy pasta bake with tuna	Curry sausages with rice <i>(Favourite!)</i>	Cauliflower & ham pasta bake	Mac 'N' bean cheesy bake <i>(Family recipe)</i>
Dessert	Greek Yoghurt	Chocolate Custard	Greek Yoghurt	Greek Yoghurt	Jelly
Afternoon Tea	Seasonal fruit platter <i>Milk / water to drink</i>	Rice cakes with condiments <i>Milk / water to drink</i>	Seasonal fruits and scones <i>Milk / water to drink</i>	Variety sandwiches <i>Milk / water to drink</i>	Fruit platter & yummy lamington <i>Milk / water to drink</i>
Late snack	<i>Variety of crackers or/and biscuits</i>				