

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam
Morning Tea	Fresh fruit platter <i>Milk / water to drink</i>	Cereal with milk <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Raisin toast <i>Hot chocolate to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>
Lunch	Spaghetti Bolognese <i>(Favourite!)</i>	Macaroni & cheese	“Winner-winner chicken dinner” with mash & veggies	Sweet corn & tuna bake with rice <i>(Favourite!)</i>	Beef Chow Mein with noodles <i>(Family recipe)</i>
Dessert	Greek Yoghurt	Flummery	Greek Yoghurt	Greek Yoghurt	Chocolate custard
Afternoon Tea	Cruskits with condiments <i>Milk / water to drink</i>	Seasonal fruits with mini apple pie bites <i>Milk / water to drink</i>	Mix cheese & veggie platter with hummus <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Variety sandwiches <i>Milk / water to drink</i>
Late snack	<i>Variety of crackers or/and biscuits</i>				

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam	Cereal or/and Toast with vegemite/jam
Morning Tea	Toast with vegemite/jam <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Cereal with milk <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Pancakes <i>Hot chocolate to drink</i>
Lunch	Tuna & macaroni pasta bake <i>(Favourite!)</i>	Nachos Tuesday	Lentil and pumpkin soup with bread rolls <i>(Favourite!)</i>	Chilli con carne, served with rice	Chicken and broccoli Alfredo pasta bake
Dessert	Vanilla Custard	Greek Yoghurt	Flummery	Greek Yoghurt	Greek Yoghurt
Afternoon Tea	Fresh fruit platter with banana bread <i>Milk / water to drink</i>	Variety sandwiches <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>	Rice cakes with condiments <i>Milk / water to drink</i>	Fresh fruit platter <i>Milk / water to drink</i>
Late snack	<i>Variety of crackers or/and biscuits</i>				