| WEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam |
| Morning Tea | English muffins with condiments <br> Milk / water to drink | Fresh fruit platter <br> Milk / water to drink | Cereal with milk <br> Milk / water to drink | Fresh fruit platter <br> Milk / water to drink | Toast with condiments Milk/water to drink |
| Lunch | Bolognese in seashell pasta | Tuna \& sweet corn rice bake | Curried sausages with potato mash (children's favourite) | Sweet \& sour chicken served with rice | Loaded fried rice |
| Dessert | Greek Yoghurt | Flummery | Greek Yoghurt | Custard | Greek Yoghurt |
| Afternoon Tea | Seasonal fruit platter and potato wedges <br> Milk / water to drink | Variety sandwiches <br> Milk / water to drink | Fresh fruit platter <br> Milk / water to drink | Rice crackers with dips <br> Milk / water to drink | Fresh fruit platter with veggie spring rolls <br> Milk / water to drink |
| Late snack | Variety of crackers or/and biscuits |  |  |  |  |


| WEEK 4 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam |
| Morning Tea | Toast with condiments Milk / water to drink | Fresh fruit platter <br> Milk / water to drink | Cereal with milk <br> Milk / water to drink | Fresh fruit platter <br> Milk / water to drink | Cereal with milk <br> Milk / water to drink |
| Lunch | Pad Thai | Italian meatballs in Napolitana sauce served with pasta | Tuna macaroni bake | Savoury beef mince with rice | Roasted chicken breast with veggies, served with mashed potatoes (children's favourite) |
| Dessert | Greek Yoghurt | Greek Yoghurt | Vanilla Custard | Greek Yoghurt | Icy Polls |
| Afternoon Tea | Seasonal fruit platter <br> Milk / water to drink | Wholemeal toast and baked beans <br> (children's favourite) <br> Milk / water to drink | Fruits and house baked orange cake <br> Milk / water to drink | Child-friendly Charcuterie board and corn cobs Milk / water to drink | Jelly with fruit salad <br> and custard <br> (Friday treat!) <br> Milk / water to drink |
| Late snack | Variety of crackers or/and biscuits |  |  |  |  |

