| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam |
| Morning Tea | Raisin toast <br> Hot chocolate to drink | Fresh fruit platter <br> Milk / water to drink | Cereal with milk <br> Milk / water to drink | Fresh fruit platter <br> Milk / water to drink | Cereal with milk <br> Milk / water to drink |
| Lunch | Spaghetti <br> Bolognaise | Chicken Schnitzel with mash potatoes | Lentil Dhal with rice (children's fave!) | Tuna and macaroni bake | Beef Chow Mein with rice noodles |
| Dessert | Icy Polls | Greek Yoghurt | Fruit Jelly | Vanilla Custard | Greek Yogurt with mixed berries |
| Afternoon Tea | Fresh fruit platter <br> Milk / water to drink | Cruskits with condiments <br> Milk / water to drink | Fruit salad with custard Milk / water to drink | Variety sandwiches <br> Milk / water to drink | Fresh fruit platter with scrolls Milk / water to drink |
| Late snack | Variety of crackers or/and biscuits |  |  |  |  |


| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam | Cereal <br> or/and <br> Toast with vegemite/jam |
| Morning Tea | Fresh fruit platter <br> Milk / water to drink | Scrambled eggs with toast Milk / water to drink | Fresh fruit platter <br> Milk / water to drink | Cereal with milk <br> Milk / water to drink | Granola with yoghurt <br> Milk / water to drink |
| Lunch | Mac \& Cheese | Nachos Tuesday | Fish fingers with potatoes and veggies | Chicken Stroganoff with rice | Zucchini Slice |
| Dessert | Vanilla Custard | Greek Yoghurt | Flummery | Greek Yoghurt | Fruit salad |
| Afternoon Tea | Variety sandwiches <br> Milk / water to drink | Fresh fruit platter <br> Milk / water to drink | Rice cakes with condiments Milk / water to drink | Seasonal fruits with house baked muffins Milk / water to drink | Baked beans on toast <br> Milk / water to drink |
| Late snack | Variety of crackers or/and biscuits |  |  |  |  |

