WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Breakfast	Cereal ^{or/and} Toast with vegemite/jam	Cereal _{or/and} Toast with vegemite/jam	Cereal _{or/and} Toast with vegemite/jam	Cereal _{or/and} Toast with vegemite/jam	Cereal _{or/and} Toast with vegemite/jam	
Morning Tea	Raisin toast Hot chocolate to drink	Fresh fruit platter Milk / water to drink	Cereal with milk <i>Milk / water to</i> <i>drink</i>	Fresh fruit platter Milk / water to drink	Cereal with milk Milk / water to drink	
Lunch	Spaghetti Bolognaise	Chicken Schnitzel with mash potatoes	Lentil Dhal with rice (children's fave!)	Tuna and macaroni bake	Beef Chow Mein with rice noodles	
Dessert	Icy Polls	Greek Yoghurt	Fruit Jelly	Vanilla Custard	Greek Yogurt with mixed berries	
Afternoon Tea	Fresh fruit platter Milk / water to drink	Cruskits with condiments Milk / water to drink	Fruit salad with custard Milk / water to drink	Variety sandwiches Milk / water to drink	Fresh fruit platter with scrolls Milk / water to drink	
Late snack	Variety of crackers or/and biscuits					

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Breakfast	Cereal ^{or/and} Toast with vegemite/jam	Cereal ^{or/and} Toast with vegemite/jam	Cereal ^{or/and} Toast with vegemite/jam	Cereal ^{or/and} Toast with vegemite/jam	Cereal ^{or/and} Toast with vegemite/jam	
Morning Tea	Fresh fruit platter Milk / water to drink	Scrambled eggs with toast Milk / water to drink	Fresh fruit platter Milk / water to drink	Cereal with milk Milk / water to drink	Granola with yoghurt Milk / water to drink	
Lunch	Mac & Cheese	Nachos Tuesday	Fish fingers with potatoes and veggies	Chicken Stroganoff with rice	Zucchini Slice	
Dessert	Vanilla Custard	Greek Yoghurt	Flummery	Greek Yoghurt	Fruit salad	
Afternoon Tea	Variety sandwiches Milk / water to drink	Fresh fruit platter Milk / water to drink	Rice cakes with condiments Milk / water to drink	Seasonal fruits with house baked muffins Milk / water to drink	Baked beans on toast Milk / water to drink	
Late snack	Variety of crackers or/and biscuits					