

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|---|---|---|---|---|
| Breakfast | Cereal or/and Toast with vegemite/jam | Cereal or/and Toast with vegemite/jam | Cereal or/and Toast with vegemite/jam | Cereal or/and Toast with vegemite/jam | Cereal or/and Toast with vegemite/jam |
| Morning Tea | Cereal with milk <i>Milk / water to drink</i> | Fresh fruit platter <i>Milk / water to drink</i> | Bagels with condiments <i>Milk / water to drink</i> | Fresh fruit platter <i>Milk / water to drink</i> | Cereal with milk <i>Milk / water to drink</i> |
| Lunch | Creamy Tuna Mornay | Baked Shepherd's Pie | Curry chicken with veggies and rice | Mac 'n' bean cheesy bake <i>(family recipe)</i> | Beef Stroganoff served with rice |
| Dessert | Fruit Jelly | Greek Yoghurt | Icy Polls | Flummery | Greek Yogurt with mixed berries |
| Afternoon Tea | Fresh fruit platter <i>Milk / water to drink</i> | Rice cakes with condiments <i>Milk / water to drink</i> | Fruit salad with custard <i>Milk / water to drink</i> | Variety sandwiches <i>Milk / water to drink</i> | Seasonal fruit platter <i>Milk / water to drink</i> |
| Late snack | <i>Variety of crackers or/and biscuits</i> | | | | |

| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|---|--|---|---|--|
| Breakfast | Cereal or/and Toast with vegemite/jam | Cereal or/and Toast with vegemite/jam | Cereal or/and Toast with vegemite/jam | Cereal or/and Toast with vegemite/jam | Cereal or/and Toast with vegemite/jam |
| Morning Tea | Fresh fruit platter <i>Milk / water to drink</i> | Raisin toast with condiments <i>Milk / water to drink</i> | Fresh fruit platter <i>Milk / water to drink</i> | Cereal with milk <i>Milk / water to drink</i> | Fresh fruit platter <i>Milk / water to drink</i> |
| Lunch | Pizza Pasta | Chicken Chow Mein <i>(children's favourite)</i> | Vegetable & lentil Bolognese | Beef & bean burritos <i>(children's committee choice)</i> | Tuna Pasta Salad |
| Dessert | Chocolate Custard | Greek Yoghurt | Flummery | Icy Polls | Greek Yoghurt |
| Afternoon Tea | Cruskits with condiments <i>Milk / water to drink</i> | Fresh fruit platter and home baked muffins <i>Milk / water to drink</i> | Variety sandwiches <i>Milk / water to drink</i> | Fruit salad with custard <i>Milk / water to drink</i> | Child-friendly Charcuterie board with dips <i>Milk / water to drink</i> |
| Late snack | <i>Variety of crackers or/and biscuits</i> | | | | |